

In the middle of difficulty  
lies opportunity

- *Albert Einstein*

## TRAINING & WORKSHOPS

We offer activities to Dutch and International students, BSc, MSc, PdEng, PhDs and recent alumni. Please check the descriptions in our organisation 'Career & Counselling Services' on Blackboard for more detailed information.

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### Saturday Masterclass : Job Interview

If you are looking for job interview practise, this Masterclass is right for you. Have the opportunity to learn more about interview questions and answers in interactive settings.

4



### Workshop: CV and Cover letter

You will be taught an analytical approach to review a vacancy and look at how to structure and decide on the content for writing your CV and cover letter.

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### Kiezen tijdens je studie

Kiezen voor een minor of master? Hoe doe je dat?

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### Workshop: Mindful stress relief

Learn about stress theory, fill in a questionnaire and practise with mindful meditation techniques.

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### PhD - Alumni Networking Career Event

Location: Science Centre, TU Delft  
For PhDs in their fourth year only.

12+19



### Workshop studie(her)keuze

Voor (BSc) studenten die willen nadenken over hun studiekeuze. Hoe kies je een goed alternatief?

20



### Workshop: Time management

This workshop will provide you with insights, tools and tips to use your time more wisely, with more results and less stress as an outcome.

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### Workshop: Mindful stress relief

Learn about stress theory, fill in a questionnaire and practise with mindful meditation techniques.

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### Company Monday: CV checks by recruitment agency Left

Recruitment agency Left shares all there is to know about job applications and working after your studies in a presentation.

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### Self Analysis from a Career Perspective

Do you struggle with recognising your strengths, join our workshop to find your strengths and how they play a role in your next career move.

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### Autonomy

Gain insights in autonomy, learn to use self-awareness to develop resilience & show your professional skills.

		Walk-in Hours	Mon	Tue	Wed	Thu	Fri
Location Aula (central hall)	TU Delft Career Centre	12:30 - 13:30	X	✓	✓	✓	✓
	TU Delft Psychologists	12:30 - 13:30	✓	✓	✓	✓	✓
	TU Delft Student Counsellors	12:30 - 13:30	✓	✓	✓	✓	X



For more information on our workshops and event, check our Blackboard organisation.  
Search for **Career & Counselling Services**