

Career & Counselling Services

TU Delft / Jaffalaan 9a (Building 30A) 2628BX Delft Tel: 015 27 88004 careerandcounsellingservices.tudelft.nl

January 2017

Photo: Bob Ricca *Unsplash*

We wish you a Healthy
& Happy New Year

Career & Counselling Services will re-open on
Monday 9th January 2017

TRAINING & WORKSHOPS

We offer activities to Dutch and International students, BSc, MSc, PdEng, PhDs and recent alumni. Please check the descriptions in our organisation 'Career & Counselling Services' on Blackboard for more detailed information.

11+18



Studie(her)keuze

Voor (BSc) studenten die willen nadenken over hun studiekeuze. Stoppen of doorgaan.? Zit je hier goed?

12



Mindful stress relief

Learn about stress theory, fill in a self-assessment questionnaire and practise with several mindful meditation techniques.

14



Saturday Masterclass Job Interviews

Learn all about the types of interviews, the general procedure and how you can best prepare.

16+23



Studie(her)keuze avondworkshop

Voor (BSc) studenten die willen nadenken over hun studiekeuze. Stoppen of doorgaan? Zit je hier goed?

17



Kiezen tijdens je studie

Kiezen voor een minor of master? Hoe doe je dat? Inzicht in jezelf en je opties is belangrijk.

18



Self-Management

How to manage your study/work life? Enhance your responsiveness to changes, new circumstances, inevitable delays, challenges, and pressure!

26



Mindful stress relief

Learn about stress theory, fill in a self-assessment questionnaire and practise with several mindful meditation techniques.

		Walk-in Hours	Mon	Tue	Wed	Thu	Fri
Location Aula (central hall)	TU Delft Career Centre	12:30 - 13:30	X	✓	✓	✓	✓
	TU Delft Psychologists	12:30 - 13:30	✓	✓	✓	✓	✓
	TU Delft Student Counsellors	12:30 - 13:30	✓	✓	✓	✓	X

For more information on our workshops and events, check our Blackboard organisation.
Search for Career & Counselling Services

